Name:				_		A	ge:
years				_			
				co-Footprint			
Procedure: Check		•		•	•	typical da	ay. Use only one
option, unless spec	cified oth	erwise or add th	e appropriate	value in the ta	able.		
			147	TED			
1 My shower (or b	oth) on	a tunical day ic		TER			
1. My shower (or b	atri) ori	2-5 minute		5 10 minutes	long / half full	10 or m	ore minutes long /
No shower / no b	oath	one-fourth			ub	10 01 1110	full tub
		one rear a	Tan tab		u D		Tun tub
2. I use a closet: (s	elect on	e of the first option	ons, and if app	olicable, the la	st option).		
Normal		I use an ecor			cological toilet		
				N. Common of the			
3. When I brush my	teeth,	l let the water r	un.				
Yes		No					
4. I wash the car	-1	Daw (		Marie Anna Marie			
Frequent (week	kiy)	Rare (onc	e a month)	The second second	Never		
5. I water the lawn							
Frequent (week	(lv)	Rare (once	e a month)		Never		
Trequent (week	uy)	rtare (one	e a month)		TOVOI		
6. I use low-flow sh	nowerhe	ads.	COMP				
Yes	AHER	No		I don't kno	ow if they're	l use	fully ecological
res		INO		econ <mark>omical</mark>			shower
7. I use a dishwash	ner on a		1				
Yes		No					
- 120 200			1				
			FC	OOD			
1. On a typical wee	k Loots	(write down the	number of dis	boo or with "I	don't know"\ <b>(th</b>	o nointo	are divided by 7
then added in the t			number of dis	iles of with 1	don't know ) (th	e points a	are divided by 1,
		per of	33333 A	Number o	of		Number of
Item		ions	Item	portions	ITA	m	portions
Beef	1 (2)		Wild fish		Fro	uit	
Chicken			Eggs		Veget	ables	
Farmed fish		N	/lilk/dairy		Grains:	, ,	
		6-111111111111111111111111111111111111	(11)		cereal, r	ice etc.	
	y food	is grown locally					1 1/1
All		Son	ne	N	lone	I	don't know
3 of m	w food	is organic.					
All	iy ioou	Son			lone		don't know
		3011	10	1	ione	<u>'</u>	UOIT E KITOW
4. I compost my fru	uit/veget	table scrans an	d peels.				
Yes		No	I don't k	now			
		-					
5 of m	y food	is processed.					
All		Som	ne	No	one	I	don't know
	y food	has packaging.					
All		Som	ne	No	one	I	don't know

7. On a typical day	, I waste	:						
None of my fo	od	One-fourth	of my food	One-th	ird of my food	F	lalf of my food	
			TRANSF	PORTATIO	N			
1. On a typical day	, I travel			D. I			Data and a constant of a	
Foot		BIF	Bike P		blic transit	<del> </del>	Private vehicle	
2. Our vehicle's fu	el efficie	ncy is lite	ers/100 kilom	eters.				
Non applicable	less tha	an 6 liters	6-9 liters	10-13	liters	ore than 13 liters	I don't know	
0								
3. The time I spend No time	ın veni	Less than h		Half an	hour to 1 hour	M	ore than 1 hour	
THO UITIC		Legg triair ii	an an mour	riali ari	nour to Triour	141	ore than Thou	
4. How big is the c	ar in wh							
No car		Sm	all		Medium		SUV	
5. Number of famil	v memb	er/car?		Victory Victory				
0	,	1	139	1	2		3 or more	
6. On a typical day	100	Carlo Carlo			Half an hou	ır to 1	Less than 30	
5 hours or more		3 to 5 hours	1 to 3	hours	hour		minutes	
4. Normalism of upon	A	anan (disida n		ELTER	han of manufa	liulas at ka		
1. Number of room Fewer than 2 room		MICHAEL MAN	7		TAY A	7 or	more rooms per	
person	no po.	2 to 3 rooms	per person	4 to 6 roo	oms per persor	1	person	
					100			
2. We share our ho	ome with	No	embers.					
165		NO	-					
3. We own a secon	nd, or va	cation home th	nat is often er	npty.			16.5	
No			We own/use	it with other	rs	ABB	Yes	
1. In cold months,	our bou	so tomporatur		RGY USE				
Under 15°C		15 to		19	) to 22°C	7 2 2 2 2	22°C or more	
	100			Part May	X 3 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -			
2. We dry clothes		s or on an indo						
Alwa	ıys		Some	etimes		N	lever	
3. We use an energ	av-efficie	ent refrigerator						
Yes		No	I don't l	know				
4. We use econom	ical light		ا علیہ اما	(DOW)				
Yes		No	I don't l	CHOW				
5. I turn off lights,	compute	er, and televisi	on when they	rre not in u	se.			
Yes		No						
0.7								
6. To cool off, I use Air conditioning		Air condition	ning home	E1	ectric fan		Nothing	
All conditioning	- Udi	Air condition	iiig - Hollie		COUID IdII		Nounny	
				1				

## **CLOTHING**

	every day and	put it in	the laundry.			
Yes	No					
2. I am wearing cloth		en men	ided or fixed.			
Yes	No					
3. One-fourth of my o		amade	or secondnand.			
Yes	No					
4. Most of my clothes	s are nurchase	d new e	ach vear			
Yes	No	4 11017 0	uon youn			
5. I give the local thri	ift store clothes	s that I n	o longer wear.			
Yes	No					
6. I buy clothing mad		labeled		I can.		
Yes	No	1	I don't know			
7	of the clather	In mary a	b.a.aud			
7. I never wear % Less than 25%	of the clothes	50%	uppoard.	75%		More than 75%
Less than 2570		30 70	(C)	1370		Wore than 7370
8. I have pairs o	of shoes.					
2 to 3	A STATE OF THE STA		4 to 6			7 or more
				188	(TOTAL)	
9. Out of the pair of s	shoes I own			100		
0 were bought in the	last 3 months	1-2 we	re bought in the last	3 months	3 or mor	e were bought in the last 3
						months
\$100 E		300				
			STUFF			
1. All my garbage fro	m todav could	fit into a	STUFF a:			
1. All my garbage fro	m today could		a:	Sarbage ca	an	No garbage created today!
	m today could	fit into a	a:	Sarbage ca	an	No garbage created today!
Shoebox  2. I reuse items rather	er than throw th	Large pa	a: ail (	Sarbage ca	an	No garbage created today!
Shoebox		Large pa	a: ail (	Sarbage ca	an	No garbage created today!
Shoebox  2. I reuse items rathe Yes	er than throw th	Large pa	a: ail (	Sarbage ca	an	No garbage created today!
2. I reuse items rather Yes 3. I repair items rather	er than throw the No	Large pa	a: ail (	Sarbage ca	an	No garbage created today!
Shoebox  2. I reuse items rathe Yes	er than throw th	Large pa	a: ail (	Garbage ca	an	No garbage created today!
2. I reuse items rather Yes 3. I repair items rather Yes	er than throw the No er than throw the No	Large pa	a: ail (	Sarbage ca	an	No garbage created today!
Shoebox  2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my:	er than throw the No er than throw the No (select multiple)	Large pa	a: ail (	Sarbage ca		
2. I reuse items rather Yes 3. I repair items rather Yes	er than throw the No er than throw the No	Large pa	a: ail (	Garbage ca	plastic	No garbage created today!  I don't recycle
Shoebox  2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my:	er than throw the No er than throw the No (select multiple can	Large pa	a: ail (	Sarbage ca		
Shoebox  2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper	er than throw the No er than throw the No (select multiple can	Large pa	a: ail (	Sarbage ca		
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes	er than throw the No er than throw the No (select multiple can litems as often No	nem out.	ces if true) glass sible.	Sarbage ca		
Shoebox  2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes  6. I use rechargeable	er than throw the No er than throw the No (select multiple can litems as often No e batteries where	nem out.	ces if true) glass sible.	Sarbage ca		
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes	er than throw the No er than throw the No (select multiple can litems as often No	nem out.	ces if true) glass sible.	Sarbage ca		
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes  6. I use rechargeable Yes	er than throw the No er than throw the No (select multiple can No items as often No batteries when No	nem out.	ces if true) glass sible.		plastic	I don't recycle
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes  6. I use rechargeable Yes  7. On a typical month	er than throw the No er than throw the No (select multiple can No items as often No e batteries when No n how much do	nem out.  ole choic  as poss  never I co	ces if true) glass sible. can.	grooming	plastic products?	I don't recycle
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes  6. I use rechargeable Yes	er than throw the No er than throw the No (select multiple can No items as often No e batteries when No n how much do	nem out.  ole choic  as poss  never I co	ces if true) glass sible. can.		plastic products?	I don't recycle
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes  6. I use rechargeable Yes  7. On a typical month	er than throw the No er than throw the No (select multiple can No items as often No e batteries when No in how much do 50-256	nem out.  ole choice as poss never l co	a: ail ( ces if true) glass sible. can. can. can beauty and gray a	grooming 0 lei (>50	plastic products?	I don't recycle
2. I reuse items rather Yes  3. I repair items rather Yes  4. I recycle all my: paper  5. I avoid disposable Yes  6. I use rechargeable Yes  7. On a typical month 0-50 lei (0-10 Euro	er than throw the No er than throw the No (select multiple can be batteries when No how much do b) 50-250 each 5 RON (1	nem out.  ole choice as poss never l co	a: ail ( ces if true) glass sible. can. can. can beauty and gray a	grooming 0 lei (>50	plastic products?	I don't recycle

## FUN

1. In my home we	e havenumbe	r of electronics (con	nputer, TV, phones,	tablet, DVD, Xbox	, Game boy etc.):	
0-5		5-10	10-15		>15	
2. On a typical da	y, I use the TV, co	mputer.				
Not	at all	Less tha	n 1 hour	More than	More than 1 hour	
3. How much time	e do I spend on th	e internet: Google,	social media platfor	ms, streaming se	rvices?	
0-1 hours	1-2 hours	2-3 hours	3-4 hours	4-5 hours	>5 hours	

The following table is for instructors only. Please leave it blank, thank you.

CATEGORY	SCORE
WATER	
FOOD	
TRANSPORTATION	
SHELTER	
ENERGY USE	
CLOTHING	
STUFF	
FUN	
TOTAL	

Divide the total to 450: \_\_\_\_\_ number of Earths

Name:					_			A	ge:
years					_				
		44		Personal E					
		(the	versio	on includes	the calc	ulation v	alues)		
Procedure: Chec	k the app	ropriate b	oxes	for the value	option th	at corresp	onds to a	typical da	ay. Use only one
option, unless spe	ecified oth	erwise or	add th	e appropriate	value in	he table.			
					ATER				
1. My shower (or	bath) on a								
No shower / no	bath			es long /	5-10 mir	nutes long	/ half full	10 or mo	ore minutes long /
0		one	-tourtn +5	full tub		tub +70			full tub +90
2. I use a closet: (	(select one	of the fire			nlicable t		lion)		T90
Normal	(Select Offic			omical toilet		an ecolog		٦	
+40		i use ai	ACCUSATION OF	20	1 430	-40	icai tolict	-	
3. When I brush n	nv teeth. I	let the w				A SECTION		_	
Yes		No							
+40		0	WAY.						
4. I wash the car	•								
Frequent (we	ekly)	Rare	e (once	e a month)		Never			
+40				-20		0	N/ARKOJA		
5. I water the law	n		( Sept.						
Frequent (we	ekly)	Rare	e (once	e a month)		Never			
+40	A		-	-20		0			
6. I use low-flow s	showerhe	ads.				1000			
Yes			No			't know if t		I use	fully ecological
						economic	al		shower
-20	har an a	trainal di	0						-40
7. I use a dishwas	sher on a	No	ay.	I					
+50		0							
1.30				I 					
					OOD				
1. On a typical we			vn the	number of dis	shes or wi	th "I don't	know") (th	e points a	are divided by 7,
then added in the	Numb				Num	ber of		ALC: THE RESERVE OF	Number of
Item	porti			Item		ions	Ite	m	portions
Beef	+150/p			Vild fish		ortion	Fru	ıit	+20/portion
Chicken	+100/p			Eggs		ortion	Vegeta		+20/portion
	+80/pc			(1777) == 177		ortion	Grains:		+20/portion
Farmed fish			IV	lilk/dairy			cereal, r	ice etc.	•
2 of	my food i	s grown	ocally	. 4334		1/2010			
All			Som		100	None		I	don't know
0			+3	0		+60			
	my food i	s organic		-				-	
All			Som			None		l	don't know
0		-blc	+3		1	+60			
4. I compost my f	ruit/veget		ps an			1			
Yes -20		No + <b>60</b>		l don't k	IIOW				
	my food :		204			I			
5 of	my food i	s proces	Sea. Som	ιΔ		None	i	1.	don't know
+100			+3			100ne 0		1 (	UOITE KIIUW
	my food l	nas nacka		,,,		<u> </u>			
All	, 10001	iao packe	Som	ie.		None		1.	don't know
+100			+3			0			2011 ( 1010 11
7. On a typical da	y, I waste	<u> </u>		-					
None of my fo			ourth o	f my food	One-	third of my	/ food	Hal	If of my food

0									
			+10	0		+150			+200
4. On a funical day	l tuas cal	<b>h</b>		TRANSP	ORTATIO	N			
1. On a typical day, Foot	ı travei	by:	Bike		Dul	blic transit		Driv	ata vahiala
F00t			+5		Pul	+30		PIIV	ate vehicle +200
2. Our vehicle's fue	l officio	ncy is		s/100 kilome	ntore	+30			+200
2. Our vernicle's rue						I	More than	າ 13	I don't know
Non applicable	less tha	an 6 liters	6	6-9 liters	10-13		liters		T GOLL KILOW
0		-50		+50	+	100	+20	0	
3. The time I spend	in vehic								
No time		Less th		an hour	Half an	hour to 1	hour	More	than 1 hour
0			+40			+60			+100
4. How big is the ca	ar in whi	ich i travel							01.07
No car			Small			Medium			SUV
-20	•		+50			+100			+200
5. Number of family	/ membe	er/car?	4			0			AN 199 A 17 A
0		-	1		Alberty Chill	2		3	or more
-20	1 2! - 1	£=	+20	U		+100			+50
6. On a typical day,	ı walk/r	un tor:			` \	11-16	a barrate 4	<del>.</del>	Loop there CO
5 hours or more		3 to 5 hour	S	1 to 3	hours		n hour to 1	'	Less than 30
-75		-25			0		hour +10	574	minutes +100
-10	ASSI	-20			<u> </u>			NG GEORGE	. 100
Fewer than 2 room	s per	2 to 3 ro							ore rooms per
person		2 10 0 10		er person	4 to 6 ro	oms per pe	erson		person
+10	mo with		+80	)	4 to 6 ro	+140	erson		•
+10 2. We share our hor	me with	nonfamily	+80	)	4 to 6 ro		erson		person
+10 2. We share our hor	me with	nonfamily No	+80	)	4 to 6 ro		erson		person
+10 2. We share our hore Yes -50		nonfamily No 0	+80 y mem	bers.			erson		person
+10 2. We share our how Yes -50 3. We own a second	d, or va	nonfamily No 0 cation hon	+80 y mem	bers.	npty.	+140	erson		person +200
+10 2. We share our hore  Yes  -50 3. We own a second	d, or vac	nonfamily No 0	+80 y mem	bers.  t is often en  Ve own/use	npty. it with other	+140	erson	Yes	person +200
+10 2. We share our how Yes -50 3. We own a second	d, or vac	nonfamily No 0 cation hon	+80 y mem	bers.  t is often en  Ve own/use	npty.	+140	erson		person +200
+10 2. We share our hore Yes -50 3. We own a second No	d, or vac	No 0 cation hon	+80 y mem ne that	bers.  t is often en Ve own/use +2	npty. it with other	+140	erson	Yes	person +200
+10 2. We share our hore Yes -50 3. We own a second No 0	d, or vac	No 0 cation hon	+80 y mem ne that	bers.  t is often em  Ve own/use  +;  ENER s:	npty. it with other 200 GY USE	+140	erson	Yes +40	+200 +200
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C	d, or vac	No 0 cation hon	+80 y mem ne that V ature i 5 to 18	bers.  t is often em Ve own/use +: ENER s:	npty. it with other 200 GY USE	+140	erson	Yes +40	+200  +200  C or more
+10 2. We share our hore  Yes  -50 3. We own a second  No  0  1. In cold months, of Under 15°C  -20	d, or vac	No 0 cation hon	+80 y mem ne that V ature i 5 to 18	bers.  t is often em Ve own/use +:  ENER s: °C	npty. it with other 200 GY USE	+140	erson	Yes +40	+200 +200
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes o	our hous	No 0 cation hon	+80 y mem ne that V ature i 5 to 18	bers.  t is often em Ve own/use +;  ENER s: °C  rack.	npty. it with other 200 GY USE	+140	erson	Yes +40	person +200 5 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway	our hous	No 0 cation hon	+80 y mem ne that V ature i 5 to 18	bers.  t is often em Ve own/use +: ENER s: °C rack. Some	npty. it with other 200  GY USE  19	+140	erson	Yes +40 22°	Person +200 
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -56	our house	nonfamily No 0 cation hon se tempera	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use +: ENER s: °C rack. Some	npty. it with other 200 GY USE	+140	erson	Yes +40	+200 +200 6 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energing	our house	nonfamily No 0 cation hon se tempera	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use +:  ENER s: °C rack. Some	npty. it with other 200  GY USE  19 times -20	+140	erson	Yes +40 22°	+200 +200 6 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0 1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes	our house	nonfamily No 0 cation hon se temper	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use  ENER s: °C rack. Some	npty. it with other 200  GY USE  19 times -20	+140	erson	Yes +40 22°	+200 +200 6 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50	our house outdoors /s 0 y-efficie	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use +:  ENER s: °C rack. Some	npty. it with other 200  GY USE  19 times -20	+140	erson	Yes +40 22°	+200 +200 6 00 C or more +150
+10 2. We share our how Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic	our house outdoors /s 0 y-efficie	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50 t bulbs.	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use  +:  ENER s: °C  rack.  Some	npty. it with other 200  GY USE  19 itimes -20	+140	erson	Yes +40 22°	+200 +200 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic Yes	our house outdoors /s 0 y-efficie	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50 t bulbs. No	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use +/ ENER s: °C  rack. Some I don't k	npty. it with other 200  GY USE  19 times -20 now	+140	erson	Yes +40 22°	+200 +200 6 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic Yes -50	our house the state of the stat	nonfamily No 0 cation hon se temper 1 s or on an ent refriger No +50 t bulbs. No +50	+80 y mem ne that to 18 +50 indoor	bers.  t is often em Ve own/use  +:  ENER s:  °C  rack.  Some  I don't k  0	npty. it with other 200  GY USE  19  times -20  now	+140	erson	Yes +40 22°	+200 +200 6 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic Yes -50 5. I turn off lights, of	our house the state of the stat	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50 t bulbs. No +50 er, and tele	+80 y mem ne that to 18 +50 indoor	bers.  t is often em Ve own/use  +:  ENER s:  °C  rack.  Some  I don't k  0	npty. it with other 200  GY USE  19  times -20  now	+140	erson	Yes +40 22°	+200
+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic Yes -50 5. I turn off lights, of Yes	our house the state of the stat	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50 t bulbs. No +50 er, and tele No	+80 y mem ne that to 18 +50 indoor	bers.  t is often em Ve own/use  +:  ENER s:  °C  rack.  Some  I don't k  0	npty. it with other 200  GY USE  19  times -20  now	+140	erson	Yes +40 22°	+200 +200 6 00 C or more +150
+10 2. We share our hore Yes -50 3. We own a second No 0 1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic Yes -50 5. I turn off lights, of Yes 0	our house the computer of the	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50 t bulbs. No +50 er, and tele	+80 y mem ne that to 18 +50 indoor	bers.  t is often em Ve own/use  +:  ENER s:  °C  rack.  Some  I don't k  0	npty. it with other 200  GY USE  19  times -20  now	+140	erson	Yes +40 22°	+200
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+10 2. We share our hore Yes -50 3. We own a second No 0  1. In cold months, of Under 15°C -20 2. We dry clothes of Alway -50 3. We use an energy Yes -50 4. We use economic Yes -50 5. I turn off lights, of Yes 0 6. To cool off, I use	our house outdoors /s  y-efficient computer :	nonfamily No 0 cation hon se tempera 1 s or on an ent refriger No +50 t bulbs. No +50 er, and tele No +50	+80 y mem ne that V ature i 5 to 18 +50 indoor	bers.  t is often em Ve own/use  +:  ENER s: °C  rack.  Some  I don't k  0  I don't k  0  when they	npty. it with other 200  GY USE  19 itimes -20  now  re not in u	+140 rs 9 to 22°C +100	erson	Yes +40 22° Neve +6	+200 +200 C or more +150

Yes	No					
+80	0					
2. I am wearing clothe	es that have be	en mended or f	ixed.			
Yes	No					
-20	0					
3. One-fourth of my cl		dmade or secon	ndhand.			
Yes	No					
-20	0					
4. Most of my clothes		<u>d new</u> each year	r.			
Yes	No					
+120	0					
5. I give the local thrif		that I no longe	r wear.			
Yes 0	No +400					
•	+100	Ishalad "ayataiy	l madus llaldes			
6. I buy clothing made		THE RESERVE OF THE PERSON OF T	THE RESERVE THE PARTY OF THE PA	can.		
Yes -10	No 0	I doi	n't know			
		in my cupboard	-1			
Less than 25%	Of the Ciothes	50%	J.	75%		More than 75%
+25		+50	-	+75		+100
	f shoes.		_			- 100
2 to 3	011000	A CONTRACTOR OF THE PARTY OF TH	4 to 6	No.	7	or more
+20			+60	2		+90
9. Out of the pair of sl	hoes I own				F-74 ( -3.5% E)	
0 were bought in the la		1-2 were bough	nt in the last 3 i	months		e bought in the last 3 months
-10			+20			+40
1. All my garbage fron	m today could	fit into a:	STUFF			
Shoebox		Large pail	Ga	ırbage ca	an No ga	arbage created today!
+20	ENGLY ISS	+60		+200	112 9	-50
2. I reuse items rather	r than throw th					100000000000000000000000000000000000000
Yes	No					
-20	0					
3. I repair items rather	r than throw th	nem out.				
Yes	No	A STATE OF THE PARTY OF THE PAR				
-20	0					
4. I recycle all my:	(select multip	ole choices if tru				
paper	can		glass	126 63	plastic	I don't recycle
-5	-5	ASSE ASSES	-5		-5	0

5. I avoid disposable items as often as possible.

6. I use rechargeable batteries whenever I can.

No

No

+10

+60

7. On a typical month how much do you spend on beauty and grooming products?

+50

Add one point for each 5 RON (1 euro) you spend on a typical day.

50-250 lei (10-50 Euro)

+250 lei (>50 Euro)

+100

I don't know

Yes

Yes -30

Yes -10

8.

0-50 lei (0-10 Euro)

9. Today is a Buy Nothing Day.

-10

## **FUN**

1. In my home we have	_number of electronics (	computer T	/ nhones	tablet DVD	Yhov	Came hou	v otc )	
1. In my nome we have	number of electronics (	computer, i	v, pnones,	tablet, DVD	, ADOX,	Game boy	y etc.):	

0-5	5-10	10-15	>15
+25	+75	+100	+200

2. On a typical day, I use the TV, computer.

Not at all	Less than 1 hour	More than 1 hour
0	+50	+80

3. How much time do I spend on the internet: Google, social media platforms, streaming services?

0-1 hours	1-2 hours	2-3 hours	3-4 hours	4-5 hours	>5 hours
+5	+10	+20	+30	+40	+40

The following table is for instructors only. Please leave it blank, thank you.

CATEGORY	SCORE
WATER	
FOOD	
TRANSPORTATION	
SHELTER	
ENERGY USE	
CLOTHING	
STUFF	
FUN	
TOTAL	

Divide the total to 450: \_\_\_\_\_ number of Earths